

Lindström general size charts, Men and Unisex

UK

Numeric size charts for men's trousers, shorts, Bermuda shorts, coveralls and bib-and-brace overalls

	38	40	42	44	46	48	50	52	54	56	58	60	62	64	66	68	70
Waist (cm)	53-58	58-63	63-68	68-73	73-78	78-83	83-88	88-93	93-98	98-103	103-108	108-113	113-118	118-123	123-128	128-133	133-138
Hip (cm)	76-80	80-84	84-88	88-92	92-96	96-100	100-104	104-108	108-112	112-116	116-120	120-124	124-128	128-132	132-136	136-140	140-144
Inside leg (cm)	77	78	79	80	81	82	83	84	85	86	87	88	89	90	91	91	91

Numeric size charts for men's jackets, coats and shirts

	38	40	42	44	46	48	50	52	54	56	58	60	62	64	66	68	70
Chest (cm)	73-76	76-80	80-84	84-88	88-92	92-96	96-100	100-104	104-108	108-112	112-116	116-120	120-124	124-128	128-132	132-136	136-140
Waist (cm)	53-58	58-63	63-68	68-73	73-78	78-83	83-88	88-93	93-98	98-103	103-108	108-113	113-118	118-123	123-128	128-133	133-138
Hip (cm)	76-80	80-84	84-88	88-92	92-96	96-100	100-104	104-108	108-112	112-116	116-120	120-124	124-128	128-132	132-136	136-140	140-144

Letter sizes for men's trousers

	3S	2S	XS	S	M	L	XL	2L	3L	4L	5L	6L
Waist (cm)	49-56	56-63	63-71	71-78	78-86	86-93	93-101	101-108	108-116	116-123	123-131	131-138
Hip (cm)	72-78	78-84	84-90	90-96	96-102	102-108	108-114	114-120	120-126	126-132	132-138	138-144
Inside leg (cm)	76-77	77-78	78-80	80-81	81-83	83-84	84-86	86-87	87-89	89-90	90-91	91

Letter sizes for men's jackets, coats, waistcoats, T-shirts, polo shirts and shirts

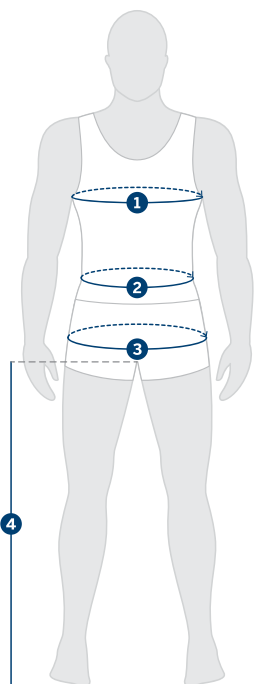
	3S	2S	XS	S	M	L	XL	2L	3L	4L	5L	6L
Chest (cm)	68-74	74-80	80-86	86-92	92-98	98-104	104-110	110-116	116-122	122-128	128-134	134-140
Waist (cm)	49-56	56-63	63-71	71-78	78-86	86-93	93-101	101-108	108-116	116-123	123-131	131-138
Hip (cm)	72-78	78-84	84-90	90-96	96-102	102-108	108-114	114-120	120-126	126-132	132-138	138-144

How to measure:

1. Chest circumference, measured horizontally.
2. Waist circumference, measured horizontally slightly below your natural waist.
3. Hip circumference, measured horizontally around the fullest part of the hips.
4. Inside leg, measured from the crotch to floor level without shoes.

Instructions for choosing the correct size:

1. Take all the measurements shown in the table.
2. If your measurement falls between two sizes, choose the larger size.
3. Choose the size based on the measurements above. If the inside leg is 4 cm longer or shorter than shown in the size chart, please contact Customer Service.



Lindström general size charts, Women

UK

Numeric size charts for women's trousers, shorts, Bermuda shorts, skirts and bib-and-brace overalls

	28	30	32	34	36	38	40	42	44	46	48	50	52	54	56	58	60	62
Waist (cm)	48-52	52-56	56-60	60-64	64-68	68-72	72-76	76-80	80-84	84-88	88-94	94-100	100-106	106-112	112-118	118-124	124-130	130-136
Hip (cm)	72-76	76-80	80-84	84-88	88-92	92-96	96-100	100-104	104-108	108-112	112-118	118-124	124-130	130-136	136-141	141-148	148-154	154-160
Inside leg (cm)	70	70	70	71	72	73	74	75	76	77	78	79	80	81	82	82	82	82

Numeric size charts for women's jackets, shirts and tunics

	28	30	32	34	36	38	40	42	44	46	48	50	52	54	56	58	60	62
Chest (cm)	64-68	68-72	72-76	76-80	80-84	84-88	88-92	92-96	96-100	100-104	104-110	110-116	116-122	122-128	128-134	134-140	140-146	146-152
Waist (cm)	48-52	52-56	56-60	60-64	64-68	68-72	72-76	76-80	80-84	84-88	88-94	94-100	100-106	106-112	112-118	118-124	124-130	130-136
Hip (cm)	72-76	76-80	80-84	84-88	88-92	92-96	96-100	100-104	104-108	108-112	112-118	118-124	124-130	130-136	136-141	141-148	148-154	154-160

Letter sizes for women's trousers

	2S	XS	S	M	L	XL	2L	3L	4L	5L	6L	7L
Waist (cm)	50-56	56-62	62-68	68-74	74-80	80-86	86-94	94-104	104-112	112-122	122-130	130-136
Hip (cm)	74-80	80-86	86-92	92-98	98-104	104-110	110-118	118-128	128-136	136-146	146-154	154-160
Inside leg (cm)	70	71	72	73-74	75	76-77	78	79-80	81	82	82	82

Letter sizes for women's jackets and coats

	2S	XS	S	M	L	XL	2L	3L	4L	5L	6L	7L
Chest (cm)	66-72	72-78	78-84	84-90	90-96	96-102	102-110	110-118	118-128	128-138	138-146	146-152
Waist (cm)	50-56	56-62	62-68	68-74	74-80	80-86	86-94	94-104	104-112	112-122	122-130	130-136
Hip (cm)	74-80	80-86	86-92	92-98	98-104	104-110	110-118	118-128	128-136	136-146	146-154	154-160

How to measure:

1. Chest circumference, measured horizontally.
2. Waist circumference, measured horizontally slightly below your natural waist.
3. Hip circumference, measured horizontally around the fullest part of the hips.
4. Inside leg, measured from the crotch to floor level without shoes.

Instructions for choosing the correct size:

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